

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Magretha Vlok

Has successfully participated & completed the

13km Shift Winter Trail Series - Race 3 of 3

held at Walter Sisulu Garden.

**TIME** 01:56:55

**PACE** 08:58/km

**OVERALL** 105 of 140

22 July 2018, Sun

Date

**GENDER** 29 of 47

**40 - 49** 4 of 12



Signature